

WOMB FIRE ELIXIR

A sacred blend of herbs and botanicals crafted to stoke your inner flame, dissolve stagnation, and awaken the womb's creative power. Inspired by Ayurveda's agni (digestive fire) principles, this elixir ignites circulation, warms the pelvic bowl, and supports emotional release during your bleed or in times of inner clearing.

Benefits:

- Releases stagnation & eases cramps
- Boosts circulation to the womb & liver
- Supports detoxification of reproductive tissues & liver
- Warms & energizes during cold or sluggish cycles
- Clears emotional residue stored in the pelvic bowl

When to Use

- Luteal & Menstrual Phase - for releasing and clearing
- Any time the womb feels cold, heavy, or stagnant

How to Use

- Shake well.
- Take 1 tbsp or add to warm water
- Best taken in the morning
- For deeper release, pair with castor oil packs over liver/womb followed by womb ghee, or movement that engages the hips and pelvis - allowing the medicine to move through you and through the generations connected to you.